

This Saturday is opening day for Sustainable Glasgow's Bounty of the Barren's Farmer's Market. Sustainable Glasgow Board Member Dr. Bill Travis tells us more:

{audio}<http://wcluradio.com/newscuts/042414drtravis.mp3>{/audio}

Among things offered at the market are CSA's or Community Supported Agriculture. CSA's are a way to help consumers easily purchase locally grown items. Joe Trigg, with Trigg Enterprises, offers a CSA that is hard to beat. Folks can buy a share at the beginning of the season, and each week they will have a basket of fresh, locally grown produce ready for them to pick up at the market. Items in the basket will change week to week depending on what is in season. For more information on a CSA you can stop by and see Joe at the market on Saturday or visit [www.triggenterprises.com](http://www.triggenterprises.com)